

ARIZONA MENTAL HEALTH CRISIS HOTLINES

AREA	CRISIS UNIT
Phoenix Tempe	EMPACT Suicide Prevention Center (480) 784-1500 Teen lifeline (602) 248-8336 Arizona Coalition to End Sexual & Domestic Violence. . . (602) 279-2900
Chandler Scottsdale	EMPACT Suicide Prevention Center (480) 784-1500 Crisis Response Network (602) 222-9444
Glendale, Mesa, Peoria, Surprise, Avondale	Community Bridges Inc. (877) 931-9142 Crisis Response Network (602) 222-9444

NATIONAL MENTAL HEALTH CRISIS HOTLINES

NATIONAL HOTLINE	CONTACT INFORMATION
988 Suicide & Crisis Lifeline	988 (call or text)
Crisis Text Line	Text HOME to 741741
National Alliance on Mental Illness (NAMI)	1-800-950-NAMI (6264)
The Trevor Project (LGBTQ+).	1-866-488-7386
Substance Abuse and Mental Health Services Administration (SAMHSA) . .	1-800-662-HELP (4357)
Trans Lifeline	1-877-565-8860



The Whole Child Approach will help alleviate social and emotional stress among children and teens in Boys & Girls Clubs in Maricopa and Pinal counties who have been disproportionately impacted by COVID-19. The program is run in partnership with Terros Health.

For resources, assistance, and further questions pertaining to the Whole Child Approach please reach out to your local Club staff.



BOYS & GIRLS CLUBS
OF THE VALLEY

FOR MORE INFORMATION: Visit BGCAZ.org, call 602-954-8182 or stop in at a Club near you.

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