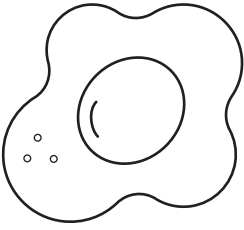
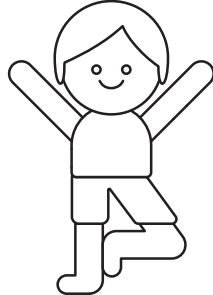

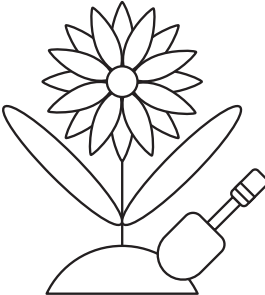
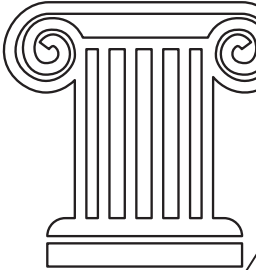
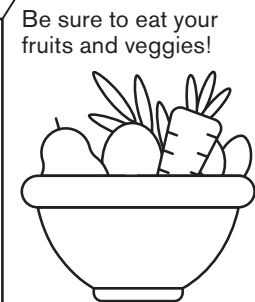


# Health Adventure Quest

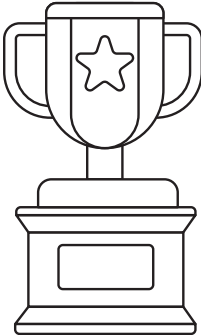
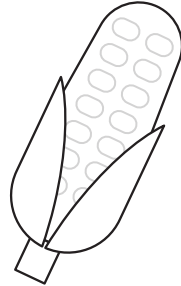
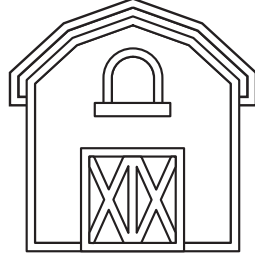
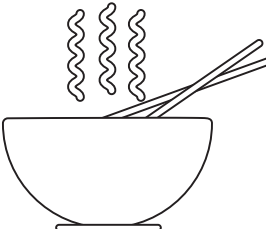
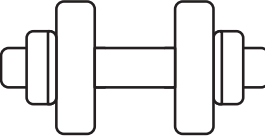
It's time to begin your quest! When you finish each day's adventure, write in each box ONE WORD that describes what you learned that day. You'll find fun things to color in along the way too.

**Week 1**  
11 a.m. to noon

Tuesday 07/07	Wednesday 07/08	Thursday 07/09	Friday 07/10	Saturday 07/11
<b>Cooking Adventures</b> Breakfast with Chef Kent 	<b>Active Adventures</b> Get moving with Sun Devil Fitness Center 	<b>Cooking Adventures</b> Italian with Chef Kent 	<b>Garden Adventures</b> Ready Set Grow with Tina Shepard 	<b>Cooking Adventures</b> Greek with Chef Kent 
..... What I learned today	..... What I learned today	..... What I learned today	..... What I learned today	..... What I learned today



**Week 2**  
11 a.m. to noon

Saturday 07/18	Friday 07/17	Thursday 07/16	Wednesday 07/15	Tuesday 07/14
 <b>You did it!</b>				
<b>Cooking Adventures</b> Southwestern with Chef Kent	<b>Garden Adventures</b> Kids can Compost with Susan Norton and Paige Anglin	<b>Cooking Adventures</b> Asian with Chef Kent	<b>Active Adventures</b> Fitness Fun with Sun Devil Fitness Center	<b>Cooking Adventures</b> American with Chef Kent
..... What I learned today	..... What I learned today	..... What I learned today	..... What I learned today	..... What I learned today