



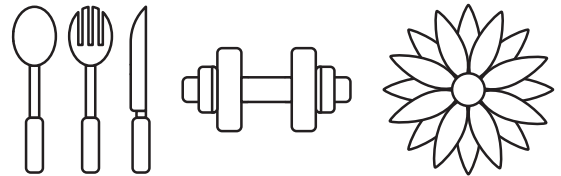
Health Adventure Quest

A FREE interactive online camp for K-8 students

Sign up now for Health Adventure Quest, the latest health-focused summer camp from ASU's College of Health Solutions for grades K-8. Interactive activities, conducted entirely in the safety of an online environment, will motivate kids and teens to explore their own health and instill in them the knowledge and confidence to apply what they've learned to their lives.

Health Adventure Quest is a fun, safe and FREE way to learn about nutrition, physical activity and healthy habits with a variety of guided activities:

- **Cooking Adventures.** (Parental assistance suggested.)
- **Active Adventures.**
- **Garden Adventures.**



After registering, parents and guardians will receive a detailed schedule with each day's activity, along with Zoom links for each session. You may attend as many or as few sessions as you'd like, and participants who finish all sessions will receive a certificate of completion.

There is no deadline to register, but Health Adventure Quest starts soon! Register today at <https://na.eventscloud.com/haq>

July 7 – 18, 2020

Tuesday through Saturday
11 a.m. to noon

Health Adventure Quest is
FREE for all participants.

Contact

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